

St Philip's Catholic Primary School, Arundel



POLICY FOR DRINKING WATER IN SCHOOL

Philosophy

In St Philip's School we agree that all children should be enabled to do their best. We know that for this to occur, children need to be well physically and emotionally. We understand that for children to be working in an optimum learning environment they need to have their physical and emotional needs met. Children are not able to learn effectively if they are dehydrated. Therefore all children will be encouraged to drink water regularly during the school day. All children will be expected to manage this regular drinking of water, without disrupting the teaching and learning in the classroom.

Principles of a Water Policy

- The use of water bottles in school needs to be a whole school approach.
- It supports a culture of inclusion and shared values.
- It promotes health and emotional well-being.
- It promotes effective teaching and learning.
- It will link with other policies which promote health and emotional well-being.
- It enhances the personal and social development of the whole school community.
- It works towards establishing a safe and stimulating environment.
- It promotes a working partnership between home and school.
- The effectiveness of the water policy will need to be monitored and evaluated.
- It is important that adults are role models for drinking water in school.

Practicalities

- "Drinking water" notices are displayed by all taps that supply drinking water in the school.
- Water bottles will be transparent and have a maximum capacity of 500ml.
- All water bottles must be labelled with the child's name and class.
- Water bottles may only contain water.
- Water bottles can have a screw top or a sports top.
- Water bottles must be taken home daily, cleaned and re-filled at home.
- If a water bottle is un-named a child will not be allowed to use it.
- If a water bottle is lost it expected that it will be replaced by the parents.
- Each class teacher will identify a place to keep the water bottles in the classroom.
- Children will be allowed access to the water bottles in the classroom in agreement with the teacher.
- Children will be able to re-fill their own water bottles during the course of the day.
- Reception Class will have water bottles when they start full time education.
- Children in Year 1, Year 2, Year 3 and Year 4 will be able to fill their water bottles from the cold water tap in the shared open area.
- Children in Reception, Year 5 and Year 6 will be able to fill their water bottles from the cold water taps in their classrooms.
- The Drinking water fountain will be maintained.
- The Friends will sponsor each new child to the school being given a water bottle.
- The recommended capacity of F/KS1 water bottles is 330ml.
The recommended capacity of KS2 bottles is 500ml.