

Year 2 Overview

Learning outcomes for each lesson	Optional Home Follow Up
Lesson 1 - Feelings and Feeling Safe	
<p>I can talk about the people and places that make me feel safe and comfortable</p> <p>I know that I have the right to feel safe</p> <p>To understand feeling safe</p> <p>I can talk about how I feel when I feel safe</p> <p>I know that I have the right to feel safe</p>	<p>Write down some of the things that we do at home to relax – or a relaxation activity that parents and children could do at home together</p>
Lesson 2 - The Safety Scale –Fun to Feel Scared, Risking on purpose, Feeling Unsafe and Early Warning Signs	
<p>I know what my Early Warning Signs are</p> <p>I know why it is important to listen to my Early Warning Signs</p> <p>I can tell you what I like being scared by</p>	<p>Individual activity sheet to identify their own EWS</p>
Lesson 3 - Body Awareness, Secrets and Telling	
<p>I can name and correctly label the main, external parts of the body and know that there are parts of my body which should not be touched without permission</p>	<p>You may wish to talk to your child about the Underwear rule which is available on the NSPCC Website www.nspcc.org.uk/help-and-advice/for-parents/keeping-your-child-safe/the-underwear-rule/the-underwear-rule_wda97016.html *Please note children will be taught the correct names for their body parts including private areas. You may wish to discuss this with your child before the lesson.</p>
Lesson 4 - Networks of Support, Problem-solving and Persistence	
<p>I know the difference between secrets and surprises and the importance of not keeping adults' secrets, only surprises</p> <p>I know why I have chosen the people I have chosen on my helping hand</p> <p>I know how to make myself heard when I want help</p>	<p>Network invitation – sheet for parents at home explaining what a helping hand is and what a trusted adult on a helping hand would be like. Children could create a helping hand for at home</p>