

Year 4 Overview

Learning outcomes for each lesson	Optional Home Follow Up
Lesson 1 - Feelings and Feeling Safe	
<p>I know about the UN Rights of the Child and how these help us feel safe</p> <p>I understand that different people have different feelings about the same situation</p>	<p><i>Take home: A copy of the UN Convention on the rights of the child to share.</i></p> <p>Children could create a bookmark of rights and responsibilities On one side write 'I have the right to feel safe' on the other 'I have the responsibility to help others feel safe'</p>
Lesson 2 - The Safety Scale –Fun to Feel Scared, Risking on purpose, Feeling Unsafe and Early Warning Signs	
<p>I can give examples of when it's fun for me to feel scared</p> <p>I can recognise that dares are not always safe</p> <p>I know some ways to say no to dares that feel unsafe</p>	<p>Ask children to complete hand out sheet of a body outline with children marking out their own Early Warning Signs and what Fun to Feel Scared activities they do that give them their EWS</p>
Lesson 3 - Secrets and Telling	
<p>I understand that we can talk with someone about anything, even if it feels awful or small</p> <p>I can understand when to share a secret</p>	<p>Write an acrostic poem about</p> <p>S E C R E T S</p>
Lesson 4 - Networks of Support	
<p>I can recognise that different people can help me with different things</p> <p>I recognise that we choose different people to help us</p>	<p>Make a helping hand for outside of home, remember not everyone can think of 4 people but there are other people who can also help us like Child line who we could put up the sleeve.</p>