

EXTRA TIME

Learning Resources

Day 1

Literacy Fun



FOUNDATION

GET ACTIVE WITH CHELSEA FC

Monday Mateo Kovacic

Focus: Fitness

Lie down on your back. Start with some items (e.g. Balls, plastic bags, pillows) by your feet and a bucket behind your head.

One item at a time, you must lift with your legs, sit up and take with your hands, then lie back down arms straight above your head and place the item in the bucket behind you.

Continue to repeat for 30 seconds.

Rest for 1 minute. Repeat x 5 times.

How many items did you move in to the bucket in 30 seconds? What was your best score?

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Manager's Challenge



What can you find out about Mateo?

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What position does he play and does he have any special moves?

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Can you create a special Mateo pose?

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FUN FACT
Mateo was born on the 6 May 1994



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What does the word 'sport' mean to you?

Focus: Literacy

You have one minute to write down as many words that come into your head when you think of the word 'sport.'

Ask someone else to write down what the word sport means to them and see if you get the same answers!

Write your top 3 words here:

1.
2.
3.

Manager's Challenge



Put your words into longer sentences and explain why you have chosen them:

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FUN FACT
Mateo originally joined Chelsea on a season-long loan at the beginning of the 2018/19 season from Real Madrid



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Focus on Hannah Blundell

Focus: Literacy

Watch this film about Hannah Blundell:

<https://www.chelseafc.com/en/videos/v/2020/02/12/signed---hannah-blundell-agrees-new-chelsea-deal---g1czI2ajE6JAArbK8ZUEprkEV9UDM-34?cardIndex=39>

What did you learn about her?

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What are some of her stand out memories?

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What are her hopes for the future?

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FUN FACT
Hannah Blundell has won six major trophies with Chelsea FC Women



FOUNDATION

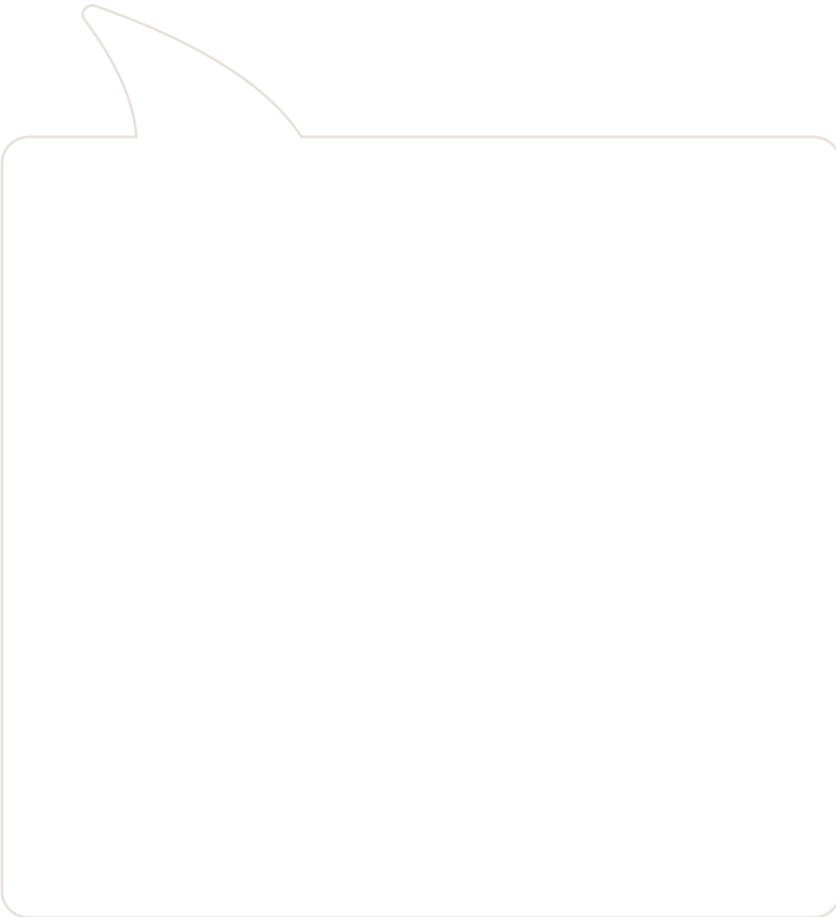
GET CREATIVE WITH CHELSEA FC

What does the word 'sport' mean to you?

Focus: Literacy

Use the speech bubble to describe what sport means to you. Do you participate in sport?

How does it make you feel?
Do you play sport when gaming?
Think of everywhere sport plays a part in your life.



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Manager's Challenge



Design and create a poster about sport.
You can use words and images.

FUN FACT
Mateo joined Chelsea permanently on the 1 July 2019, signing a 5 year contract



DAILY THINKING CHALLENGE

Mateo Monday

How would you describe an elephant to Mateo Kovacic, who is one of our Chelsea FC Men's players?

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Imagine he has never seen one!
You can discuss this with someone,
act it out or write your ideas down.

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Manager's Challenge



Write a paragraph describing an elephant to Mateo!

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FUN FACT
Mateo is a midfielder, and prefers playing in central midfield

